Owing My Voice, Speaking My Truth:
An Introduction Workshop Series on Girls’ Empowerment & Advocacy through the lens of Media Literacy

This six-session workshop is based on an interactive and experiential approach to learning about advocacy. In this series, young women will learn tools that can help them advocate for themselves and their community in a healthy, encouraging & beneficial way.

Session 1: An Introduction to Advocacy
Session 2: Self-Advocacy & Negotiation
Session 3: An Introduction to Media Literacy
Session 4: Exploring Media Advocacy
Session 5: Community Advocacy
Session 6: Legislative Advocacy & Policy Making Processes

By the end of the workshop series, participants will:

- Learn to recognize situations in which they can advocate for themselves & their community
- Understand the basics of advocacy, media literacy and policy-making process
- Learn the five core concepts and key questions of media literacy
- Have acquired or improved skills in self-advocacy
- Gain tools that will empower them to speak their truth

Free Workshops offered in July & August
Each session is 2 hours

For more information about scheduling the series, please contact Nickey Nesbeth @ networkbgen@gmail.com or TiElla Grimes, Project Coordinator @ immenseexpression@gmail.com (201) 528-5217
A partnership between:

**Boston Girls Empowerment Network**

*Working to improve the lives of women and girls in Boston*