

# BOSTON GIRLS EMPOWERMENT NETWORK

## *Girls Summer Leadership Initiative*

### **Owning My Voice, Speaking My Truth:**

An Introduction Workshop Series on Girls' Empowerment & Advocacy through the lens of Media Literacy

*This six-session workshop is based on an interactive and experiential approach to learning about advocacy. In this series, young women will learn tools that can help them advocate for themselves and their community in a healthy, encouraging & beneficial way.*

**Session 1:** An Introduction to Advocacy

**Session 2:** Self-Advocacy & Negotiation

**Session 3:** An Introduction to Media Literacy

**Session 4:** Exploring Media Advocacy

**Session 5:** Community Advocacy

**Session 6:** Legislative Advocacy & Policy Making Processes

By the end of the workshop series, participants will:

- Learn to recognize situations in which they can advocate for themselves & their community
- Understand the basics of advocacy, media literacy and policy-making process
- Learn the five core concepts and key questions of media literacy
- Have acquired or improved skills in self-advocacy
- Gain tools that will empower them to speak their truth

**| Free Workshops offered in July & August |**

*Each session is 2 hours*

For more information about scheduling the series, please contact Nickey Nesbeth @ [networkbgen@gmail.com](mailto:networkbgen@gmail.com) or TiElla Grimes, Project Coordinator @ [immenseexpression@gmail.com](mailto:immenseexpression@gmail.com) (201) 528-5217

A partnership  
between:



***Boston Girls Empowerment Network***  
*Working to improve the lives of women and girls in Boston*



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